

## We need you for a health survey in Stockholm County

Hi! You have previously participated in the survey Hälsa Stockholm and contributed to an increased knowledge about common health problems in the population. Region Stockholm is now conducting a follow-up to understand how health has changed in recent years and during the corona pandemic. We hope that you would like to complete a new questionnaire.

The information from the survey is needed to adapt healthcare and public health interventions to your needs and those of others. What we learn, we share with healthcare, politicians, researchers, and the public.

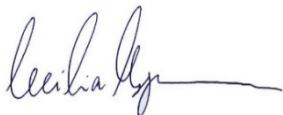
### Your answers are important

To understand what causes ill health and how it affects us, it is important to follow the same group of people over time. Your answers are particularly valuable, as you have participated before. Participation is again voluntary, but your participation is important because your answers cannot be replaced by someone else's.

### How to do this

You can answer the questions in an online survey or a paper survey. Please follow one of the instructions on the right. The questionnaire takes 30 to 45 minutes to complete.

Thank you for participating. You are making a difference!



Cecilia Magnusson  
Operations Manager, Centre for Epidemiology and  
Community Medicine, Region Stockholm

The survey is available in Swedish and English.

More information about the survey and how your data is protected can be found on the back.

### Contact us

If you have questions about the survey or  
you do not wish to participate, you can contact us.



### Online survey

Go to [www.indikator.org/sphc](http://www.indikator.org/sphc)  
Enter the reply code: *The code is in  
the letter you received in your  
mailbox.*

You can also scan the QR code  
with the camera on your mobile  
phone:

*The QR code is in the letter you  
received in the mailbox.*



### Paper survey

A paper survey will be sent to your  
home in about four weeks. Please  
complete it and send it to us in the  
enclosed reply envelope.

Email: [folkhalsoenkat.sls@sl.se](mailto:folkhalsoenkat.sls@sl.se)

Telephone: 08 - 123 371 81

# Data management and privacy

## Personal information we process

In order to be able to make a more comprehensive health mapping, the questionnaire data we collect is supplemented with data on health and risk factors from registers at Region Stockholm, Statistics Sweden, National Board of Health and Welfare, Swedish Social Insurance Agency, National Archives, Swedish National Agency for Duty and Review, City of Stockholm, quality registers and Karolinska Institutet. The information concerns family, migration, housing, accommodation, socioeconomics, diagnoses, health, healthcare events, medicine use, birth outcomes, study and draft results, as well as noise and air pollution levels associated with the dwelling. As health is affected by heredity and family relationships, information is also collected for parents, siblings, and children. The register linkage is carried out by Statistics Sweden (SCB). Before transfer to Region Stockholm, all identities are replaced with a serial number.

To follow health progress over time, we may contact you with additional questions in the future.

## How the information we collect is used

The information will be analysed and compiled at group level in health reports. The reports are available to the public on [ces.sll.se](https://ces.sll.se), and compilations of data are available on [folkhalsokollen.se](https://folkhalsokollen.se). The compilations are used by Region Stockholm and by districts and municipalities in Stockholm County, to plan societal changes and healthcare. The information will be deleted ten years after the end of the study.

Participating in the survey and the answers you provide in the survey will not affect your future care or service within Region Stockholm.

## How your personal information is protected

Your exact response will not be evident when the results from this survey are published. The analyses are performed using pseudonymised data, which means that all identities have been replaced by serial numbers. We only use the information required for the current analysis.

Your information will be treated confidentially, and everyone working with the survey are under professional secrecy. Confidentiality applies under the Public Access to Information and Secrecy Act. Your information is also protected under the EU General Data Protection Regulation (GDPR). The legal basis for processing your personal data is that the purpose is of general interest and necessary for statistical purposes. All sensitive personal information is

stored and processed on computers and servers within Sweden that are protected by two-factor authentication.

Statistics Sweden (SCB) is data controller for the processing of personal information carried out by SCB.

In Region Stockholm, Stockholm County's healthcare area (SLSO) is responsible for the processing of your personal information. If you have questions about GDPR and how your personal data is protected, you are welcome to contact the Data Protection Officer. Email to [gdpr.sls@sl.se](mailto:gdpr.sls@sl.se)

## Request information about your personal data

You have the right to receive a free copy, in the form of a so-called register extract, of your personal information. The application for a register extract must be in writing and signed by the person to whom the extract relates. If you believe that Region Stockholm has processed your personal information in a way that violates the Personal Data Act, you can request to have the information corrected, blocked, or deleted. You have the same rights towards SCB. If you are dissatisfied with the way your personal information is processed, you have the right to file a complaint with the Swedish Authority for Privacy Protection, which is the supervisory authority.

## About us

The survey is conducted by the Centre for Epidemiology and Community Medicine (CES), which is part of Region Stockholm. The mission of CES is to contribute to good and equal health for the population of Stockholm County by distributing and developing knowledge about public health. We work with both research and development of new ways of working and methods to improve care and increase health in Stockholm County.

The survey is administered by the independent survey company, Institutet för kvalitetsindikatorer (Indikator).